



Adolescent Development

Seminar in the **TRAINING LEADERS of CADETS** curriculum
"Leading Cadets" Block • Lesson L2

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Overview & objectives



What's going on during adolescence?

How do teens learn?

What is a “student-centered” approach?

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Early, middle & late adolescence



Age 12-13

Concrete thinkers

Body changes

Fears not knowing



Age 14-16

Abstract thinkers

Independence

Fears not fitting-in



Age 17-20

Critical thinkers

Entering adulthood

Fears not reaching goals

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Learning styles – 4 modalities

Visual



Auditory



Kinesthetic



Tactile

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Student-centered education



The best cadet units are cadet-centered.

Cadets learn by doing; they are active participants, not passive receivers.

Subject matter must be relevant to cadets' interests.

Cadets need to have a stake in their own learning.

Ranking cadets should be included in the decision making-process.

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Summary & conclusions

To develop each cadet's full potential, remember:



Each cadet is an individual.

Use a variety of leadership & teaching styles so as to reach all cadets.

Consider age and maturity as you promote cadets and assign jobs.

Use student-centered approaches by involving cadets in decision-making.

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Final thought



Michael Dominguez
Acting SECAF



Eric Boe
Astronaut



Kim Campbell
"Killer Chick" A-10 hero



Nicole Malachowski
1st female Thunderbird pilot